

News and opportunities to get involved

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# Healthwatch

## Your voice in health and care

News from Healthwatch Cambridgeshire and Healthwatch Peterborough

Dear Merle,

**The vaccine roll-out has begun: please share your experiences with us**



**Covid-19 vaccine**

**The NHS will get in touch when it's your turn to be vaccinated**

Find out about the roll-out at [nhs.uk/CovidVaccine](https://nhs.uk/CovidVaccine)

Our Healthwatch is working closely with the local NHS as it rolls out the Covid-19 vaccination programme across our area.

## Three vaccines have been approved for use in the UK and two are now available in Cambridgeshire and Peterborough.

Local plans to deliver the jabs are underway, starting with care home residents, people aged 80 and over and frontline health and social care workers.

As long you are registered with a GP and your contact details are up to date, you will get contacted when it's your turn.

### Have you had your jab yet?

We want to hear your experiences of the Covid-19 vaccination programme. We will be sharing your feedback with the local NHS to help them deliver the vaccine and protect people. So do tell us how it's gone for you.

[Share your views](#)

### Questions about the vaccine?

Our websites have the latest information about the Covid-19 vaccines and how they are being delivered across our area.

We also have a Coronavirus information page that is regularly updated with links to Government guidance and updates on shielding.

Take a look ...

- [Questions about the Covid-19 vaccine](#)
- [Lockdown restrictions and shielding](#)

CORONAVIRUS

# STAY HOME TO SAVE LIVES

The new COVID-19 variant is spreading fast.  
We all need to stay home.

STAY HOME ▶ PROTECT THE NHS ▶ SAVE LIVES

## Need help to go to your vaccination appointment?

If you're caring for a family member or friend, you may find it hard to get to your appointment. Caring Together is providing free support for family carers to make sure they can get their jab. Call 0345 241 0954, email [hello@caringtogether.org](mailto:hello@caringtogether.org) or visit the [Caring Together website](#).

## Meet our new Directors



## **There are three new faces on our Healthwatch Board.**

The Director appointments were endorsed at last night's Board meeting.

- Ellie Addison, a former Army nurse now working with the NHS Supply Chain
- Dr Philippa Brice, a bioscience and health policy specialist
- Chelsia Lake, one of our volunteers, who takes up a new, Associate Director role.

Find out more about them on our website. You'll also be able to say hello to our new recruits over the next few months as they'll be coming to our regular online groups and health and care forum meetings.

[Read more](#) |

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## **Have a say on proposed new A & E standards**

**New standards for Accident and Emergency departments across England have been proposed - and you're invited to have your say.**

The national review has been informed with help from local people during a trial at Addenbrooke's. Our Healthwatch volunteers helped capture the impact of the standards by asking patients what mattered most to them when using A & E.

A public consultation on the recommendations is now underway and you're invited to have your say by 12 February.

[Share your views](#) |

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## **Wanted: South Asian peoples' diabetes stories**

## South Asian people living in Cambridgeshire and Peterborough are being asked to share their diabetes experiences with us.

Our Healthwatch is finding out if diabetes care is joined up and working well for South Asian communities, where Type 2 diabetes is up to six times more common.

We're calling out to people from all South Asian communities in our area, including those of Indian, Bangladeshi and Pakistani ethnicity, who have been diagnosed with pre-diabetes or diabetes.

[Read more](#)

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## Our next forum sessions

Find out what's happening with health and social care in your area and share your experiences. We invite local health and care decision makers along to each meeting to answer your questions. All our sessions are running online, via Zoom, at the moment.



**Peterborough Health and Care Forum**  
**Thursday, 28 January 10am**

[Click here to book](#)



**Greater Cambridge Health and Care Forum**  
**Wednesday, 3 February 10am**

[Click here to book](#)



**Wheelchair Users' Forum**  
**Monday, 8 February 11am**

[Click here to book](#)



**Fenland Health and Care Forum**  
**Thursday, 11 February 10am**

[Click here to book](#)

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## Get in touch with us

Call us on 0330 355 1285

[enquiries@healthwatchcambspboro.co.uk](mailto:enquiries@healthwatchcambspboro.co.uk)

Visit our websites at [www.healthwatchcambridgeshire.co.uk](http://www.healthwatchcambridgeshire.co.uk)  
and [www.healthwatchpeterborough.co.uk](http://www.healthwatchpeterborough.co.uk)

Healthwatch Cambridgeshire and Peterborough,  
The Maple Centre, 6 Oak Drive, Huntingdon, PE29 7HN

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